

## Lesson 3

### Patient Questions about Galileo: The Basics

This lesson covers self-donning instructions and provides answers to some common patient questions about Galileo.



*Patients easily remember donning orientation if you say that the StepWatch should point **“up like a rocket.”***

#### Self-Donning

Does your lower-limb patient have more than one prosthesis or orthosis for the treatment side? If so, emphasize that if he or she switches limbs or braces on the StepWatch leg, they must move the StepWatch to the device they are wearing. Our clinical educators find that patients and their caregivers easily remember the donning instruction, “On your ankle, facing out, pointing *up like a rocket.*” If patients or their caregivers have dexterity or cognitive issues, have them try applying the StepWatch once or twice in your office to ensure they have no trouble with the placement or Velcro strap. If they get stuck at home, they can also view the *How to Apply StepWatch* video on the Galileo page of the Orthocare Innovations website ([orthocareinnovations.com](http://orthocareinnovations.com)).

#### What Does the Galileo Report Mean?

If you would like to show a patient a sample of the Functional Level report before you start the Galileo test, you can download it from the Galileo page of the Orthocare Innovations website, under



the Downloads menu. There, you will also find a concise version of the information provided in Galileo Mastery Lessons 1 and 2 (the visual key to the Functional Level Report and an explanation of the functional indexes). Patients may wish to take this home for further reading.

### **Does Galileo Invade My Privacy?**

Some patients and caregivers may not understand what kind of data Galileo is collecting about them. If patients have privacy concerns about the StepWatch, it may be helpful to describe it as “a very accurate pedometer or step-counter” that records the number of steps they take per minute, and specifically note that it does *not* record locations or the nature of any specific activities. If they are concerned about the security of their personal information, note that Galileo data is protected with the same measures that online banking systems use, and that the Galileo website meets all HIPAA federal patient privacy requirements.

### **What If I Can't Be As Active As Usual During the Test?**

If patients have a short-term condition that affects activity level, such as a blister on the residual limb, you can reassure them that your assessment of their normal activity level is an important factor in their Functional Level score, and that you can make note of any limiting conditions in their Galileo patient record. Record any such issues in the Notes section of the test setup sequence.

### **What Do I Need to Do to Take Care of the StepWatch?**

When switching the StepWatch to a different limb or brace, it is important to place it correctly and tighten the strap appropriately. Otherwise, the StepWatch is essentially maintenance free. It is waterproof to 1 meter, making it safe to wear it during ordinary showering and bathing, though some people prefer to not allow the strap to become wet, as it takes time to dry. It is also sealed against dust and dirt, and the battery lasts approximately 7 years. If a patient misses the return appointment, the StepWatch will automatically stop recording on time.